


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>17623 1st Ave S Normandy Park, WA 98148 2062421455</p>	<p>Location Keys</p> <p>Chapel CH Library Exercise LE Mailbox Area M Multipurpose MR Vibrant Life Room VLR</p>	<p>Be Adventurous Be Challenged Be Connected Be Inspired Be Social Be Well</p>	<p>8:00 🦋 Wear bright colors today! 9:00 📞 Call A Friend Today! 10:00 🏠 Exercise in the Library 10:00 🏠 Stay Fit - Exercise at Home 11:00 📖 Book Club [LE] 2:00 🗣️ Chat with Dave: Meet with Vibrant Life Director, Dave, to discuss things you'd like to do on campus, get updates, and just connect with your community! [MR] 4:00 🏠 Get Moving! Walk your campus</p>	<p>8:00 🦋 Wear Mariners gear today! 9:00 🏠 Limber Up with Independence Rehab!! 9:00 🟡 New Word Games [M] 9:30 📖 Mindful Meditation [CH] 10:00 🏠 Exercise in the Library 2:00 🦋 TGIF Pop-by Happy Hour!! Drop by the lobby and enjoy a treat and a smile!!!! 3:30 📖 Tech Time: Challenges with your smart phone, iPad, laptop? Let's see if we can help! [LE] 4:00 🏠 Get Moving! Walk your campus</p>	<p>8:00 🦋 Wear purple day! 9:00 📞 Call A Friend Today! 9:30 📖 Mindful Meditation [CH] 2:00 🎬 Saturday Matinee' Movie [CH] 4:00 🏠 Get Moving! Walk your campus</p>	
<p>8:00 🦋 Wear plaid day! 10:00 🏠 Seahawks Watch Party!! Come upstairs to the multi-purpose room and watch the game with your neighbors!! 10:00 🏠 Stay Fit - Exercise at Home 4:00 🏠 Get Moving! Walk your campus</p>	<p>National "Do Something Nice" Day!!! Do something nice for your friend or neighbor today!!! 8:00 🦋 Wear red day! 9:00 🟡 New Word Games [M] 10:00 🏠 Exercise in the Library 10:00 🏠 Stay Fit - Exercise at Home 11:00 🎤 Sing -A-Long with Sherrill!!! Come dust off your velvet pipes and have some fun singing some of your favorite tunes!! Good voices not required:) [CH] 2:00 🦋 Monday Matinee [CH] 4:00 🏠 Get Moving! Walk your campus</p>	<p>8:00 🦋 Wear pink day! 9:00 📞 Call A Friend Today! 9:30 📖 Mindful Meditation [CH] 10:00 🏠 Exercise in the Library 11:00 🍌 "Java and Bananas"- Pop-by social. Swing by the lobby for a cup of coffee and piece of fruit!! 11:00 🎭 Nila's Dance Party 1:00 🌟 Art Fun-time with Sherrill!!! Guided art projects with new VLA, Sherrill. Sure to be a good time!! [VLR] 3:30 📖 Tech Time: Challenges with your smart phone, iPad, laptop? Let's see if we can help! [LE] 4:00 🏠 Get Moving! Walk your campus</p>	<p>8:00 🦋 Wear green day! 9:00 🟡 New Word Games [M] 9:30 📖 Mindful Meditation [CH] 10:00 🏠 Exercise in the Library 4:00 🏠 Get Moving! Walk your campus</p>	<p>8:00 🦋 Wear bright colors today! 9:00 📞 Call A Friend Today! 10:00 🏠 Exercise in the Library 10:00 🏠 Stay Fit - Exercise at Home 11:00 📖 Book Club [LE] 2:00 🗣️ Chat with Dave: Meet with Vibrant Life Director, Dave, to discuss things you'd like to do on campus, get updates, and just connect with your community! [MR] 4:00 🏠 Get Moving! Walk your campus</p>	<p>8:00 🦋 Wear Mariners gear today! 9:00 🏠 Limber Up with Independence Rehab!! 9:00 🟡 New Word Games [M] 9:30 📖 Mindful Meditation [CH] 10:00 🏠 Exercise in the Library 2:00 🦋 TGIF Pop-by Happy Hour!! Drop by the lobby and enjoy a treat and a smile!!!! 3:30 📖 Tech Time: Challenges with your smart phone, iPad, laptop? Let's see if we can help! [LE] 4:00 🏠 Get Moving! Walk your campus</p>	<p>8:00 🦋 Wear purple day! 9:00 📞 Call A Friend Today! 9:30 📖 Mindful Meditation [CH] 2:00 🎬 Saturday Matinee' Movie [CH] 4:00 🏠 Get Moving! Walk your campus</p>
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<p>8:00 🦋 Wear plaid day! 10:00 🏠 Stay Fit - Exercise at Home 4:00 🏠 Get Moving! Walk your campus</p>	<p>National "New Friends" Day!!! Make a new friend today!! Introduce yourself to a new resident!!! 8:00 🦋 Wear red day! 9:00 🟡 New Word Games [M] 10:00 🏠 Exercise in the Library 10:00 🏠 Stay Fit - Exercise at Home 11:00 🎤 Sing -A-Long with Sherrill!!! Come dust off your velvet pipes and have some fun singing some of your favorite tunes!! Good voices not required:) [CH] 2:00 🦋 Monday Matinee [CH] 4:00 🏠 Get Moving! Walk your campus</p>	<p>8:00 🦋 Wear pink day! 9:00 📞 Call A Friend Today! 9:30 📖 Mindful Meditation [CH] 10:00 🏠 Exercise in the Library 11:00 🍌 "Java and Bananas"- Pop-by social. Swing by the lobby for a cup of coffee and piece of fruit!! 11:00 🎭 Nila's Dance Party 11:00 🎮 Wii Bowling!! Come join your neighbors and play or learn!! Fun times!! 3:30 📖 Tech Time: Challenges with your smart phone, iPad, laptop? Let's see if we can help! [LE] 4:00 🏠 Get Moving! Walk your campus</p>	<p>8:00 🦋 Wear green day! 9:00 🟡 New Word Games [M] 9:30 📖 Mindful Meditation [CH] 10:00 🏠 Exercise in the Library 4:00 🏠 Get Moving! Walk your campus</p>	<p>8:00 🦋 Wear bright colors today! 9:00 📞 Call A Friend Today! 10:00 🏠 Exercise in the Library 10:00 🏠 Stay Fit - Exercise at Home 11:00 📖 Book Club [LE] 2:00 🗣️ Chat with Dave: Meet with Vibrant Life Director, Dave, to discuss things you'd like to do on campus, get updates, and just connect with your community! [MR] 4:00 🏠 Get Moving! Walk your campus</p>	<p>8:00 🦋 Wear Mariners gear today! 9:00 🏠 Limber Up with Independence Rehab!! 9:00 🟡 New Word Games [M] 9:30 📖 Mindful Meditation [CH] 10:00 🏠 Exercise in the Library 2:00 🦋 TGIF Pop-by Happy Hour!! Drop by the lobby and enjoy a treat and a smile!!!! 3:30 📖 Tech Time: Challenges with your smart phone, iPad, laptop? Let's see if we can help! [LE] 4:00 🏠 Get Moving! Walk your campus</p>	<p>8:00 🦋 Wear purple day! 9:00 📞 Call A Friend Today! 9:30 📖 Mindful Meditation [CH] 11:00 🎮 Wii Bowling!! Come join your neighbors and play or learn!! Fun times!! 2:00 🎬 Saturday Matinee' Movie [CH] 4:00 🏠 Get Moving! Walk your campus</p>
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